



We encourage anyone interested to come out and participate in the world's oldest and greatest sport, wrestling! The goal of the club is to produce CHAMPIONS both on and off of the mat. The club will focus on the most important areas of wrestling as well stressing teamwork, sportsmanship and making sure kids have fun! Team coach Donnie Jones (2-time Pennsylvania State Champion, NCAA Division 1 National qualifier) and Coach Ken Maisel (University HS wrestling coach) along with a staff of wrestlers and coaches with state and national credibility will be leading you through this experience that will see you adopt characteristics that you can carry with you throughout life. The University Wrestling Club always stresses a wrestler's growth, respect, positive attitude, good sportsmanship, and high level of competition.

### **CLUB BENEFITS**

- Teaches the beginner to the advance wrestlers
- Learn from the best instructors
- Train in the State of the art University HS wrestling room
- Personalized instruction available
- Discipline, hard work, teamwork, sportsmanship and having fun will be taught as much as technique. We stress being a good person, good student, good athlete, not just wrestling!

### **MISSION STATEMENT**

To provide a safe, fun, and challenging wrestling experience to all participants regardless of individual differences. We strive to promote the physical, mental, social, and emotional development of our members through hard work, commitment, competition and camaraderie. The concepts of self-discipline, growth, respect, positive attitude and good sportsmanship are inherent for success in athletics and life.

## CLUB DETAILS

- \*Registration will be held before the start of the first practice on Tuesday, November 5<sup>th</sup> from 5:00 – 5:45 PM in the hallway in front of the University HS wrestling room. (Entrance at rear of building).
- \*Practices – Monday’s (Beginning wrestlers) 6:00 – 7:00 PM, Tuesday’s (more experienced wrestlers) 6:00 – 7:30 PM, Thursday’s (Open to all wrestlers) 6:00-7:30 PM (You get approx. 30 sessions! PLUS coaching at tournaments!)
- \*First practice will be Tuesday, November 5<sup>th</sup> (**this is for ALL wrestlers**) and run through February 21<sup>st</sup>.
- \*Who is eligible: Boys and Girls grades K through 7. (Kids will be split up by age group and ability)
- \*Location will be at the University HS wrestling room
- \*Cost - \$150 plus have a USA wrestling card (for insurance) To obtain USA wrestling card go to [www.usawmembership.com](http://www.usawmembership.com)
- \*You **MUST** have a USA wrestling card before you begin practice
- \*All participants will receive a t-shirt (There will also be a website to purchase uniform and other items)
- \*Contact Coach Donnie Jones at (412) 292-9432, [donjones37@gmail.com](mailto:donjones37@gmail.com) or UHS Wrestling Coach Ken Maisel at (304) 692-6526, [kmaisel@comcast.net](mailto:kmaisel@comcast.net)
- \*To make your registration go quicker you can mail your entry form with the check (made out to Bad Bird Wrestling Club) to Ken Maisel–1047 Imperial Drive, Morgantown, WV 26508 – please make sure the USA wrestling card number is on the form. If you don’t mail, just bring it with you to the sign ups.

---

### University Wrestling Club Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

e-mail (very important) \_\_\_\_\_

Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_ Age \_\_\_\_\_ Weight \_\_\_\_\_

Mother’s Name \_\_\_\_\_ Father’s Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

USA wrestling card number \_\_\_\_\_

T-shirt size (Circle one) Youth sizes – S, M, L, XL Adult sizes – S, M, L, XL

Any known medical conditions that the coaches should be aware of

\_\_\_\_\_

I give my permission for my child to participate in the University Wrestling Club for the 2019 - 2020 season. I understand that there are risks inherent to wrestling, and agree not to hold the club, its coaches or volunteers, University HS or Monongalia County Schools liable for any injury to my child or damage or loss to his/her equipment.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Make all checks out to Bad Bird Wrestling Club**