



## Coach Ken Maisel Introductory Youth wrestling clinic

**When:** Sunday September 10<sup>th</sup>

**Time:** 2:00 PM-5:00 PM

**Where:** University HS Wrestling room

**Ages:** 5-12

**Cost:** \$30

**Clinician:** Ken Maisel – University HS Head Wrestling Coach – 2017 WV State Coach of the year, 2017 NWCA Eastern Regional Coach of the year

**More info:** Contact Coach Maisel (304-692-6526), ksmaisel@comcast.net

The clinic will focus on the most important areas of wrestling as well stressing teamwork, sportsmanship and making sure kids have fun! **This clinic is also to introduce new wrestlers AND Parents to the sport of wrestling. This clinic is designed for Parents who have been thinking of getting their child involved in wrestling but were not sure. Come check it out!**

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### Ken Maisel introductory wrestling clinic Sign-up sheet

Name \_\_\_\_\_

Age \_\_\_\_\_

Address \_\_\_\_\_

School Attending \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Mother's Name \_\_\_\_\_ Father's Name \_\_\_\_\_

Any known medical conditions that the coaches should be aware of  
\_\_\_\_\_

I give my permission for my child to participate in the Ken Maisel Youth wrestling clinic at University High School. I understand that there are risks inherent to wrestling, and agree not to hold the coaches or volunteers, or University HS liable for any injury to my child or damage or loss to his/her equipment.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Make all checks out to Bad Bird Wrestling Club  
Just bring this form with you on Sunday